

Sailing Instructions for the BSDRA Eastern Championships

Saturday 27th April 2024

1. Rules

- 1.1. Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS) including Appendix D, Team Racing Rules.
- 1.2. When required by RRS 40 and the RYA Prescription thereto, each competitor shall wear a personal flotation device (PFD) that complies with ISO 12402-5 – Level 50 or equivalent, unless a higher specification is specified in the notice of race.
- 1.3. Addenda A, B and C to these sailing instructions (SIs) always apply. Other addenda apply only when so stated.
- 1.4. The right of appeal is denied in accordance with RRS 70.5(a).

2. Eligibility and Registration

- 2.1 To become eligible a team shall register as required by the Notice of Race or, if not specified, on arrival at the event.
- 2.2 After registration, no team member may be changed without the prior consent of the race committee which will be given only in exceptional circumstances.

3. Event Format and Schedule of Races

- 3.1 The intended format of the event is described in SI Addendum B. The format may be modified during the event in a fair and practical way as solely determined by the race committee taking into account the entries, weather conditions, time constraints and any other relevant factors.
- 3.2 The initial schedule of races will be displayed on the official notice board as described in the briefing. Any changes to and schedules for subsequent races will be displayed not less than 10 minutes before the start of those races.
- 3.3 Every race will be assigned a race number in the race schedule.
- 3.4 The number of the next race to start will be displayed on the committee vessel no later than the warning signal (or promptly thereafter if co-incident with the previous start) until the starting signal. The race committee may at any time postpone a race and reschedule it at a later time.
- 3.5 When a completed race has been abandoned and the result would not affect which teams qualify for a further stage, the race committee may cancel the race and score each team half a race win.

4 Protests, Requests for Redress and Penalties

- 4.1 Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.

- 4.2 When the outcome of a protest or request for redress would not affect which teams qualify to a later stage, the Protest Committee may refuse to hear it. This amends RRS 63.1.
- 4.3 When RRS D2 applies and the Race Umpires together with one other umpire (when available) decide that a boat has broken RRS 14 and there is damage or injury, they may penalise her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with RRS D3.1 (e). This amends RRS 63.1.
- 4.4 When a boat is scored NSC (did Not Sail Course), 6 points shall be added to its score. This amends RRS A5.2.
- 4.5 When the race committee decides that a competitor has broken SI A1.5, personal flotation device, or SI A1.6, wet or dry suits, it shall penalise the competitor's team one race win without a hearing. This amends RRS A5.2.
- 4.6 When the Protest Committee decides that a breach of a rule, other than a rule of RRS Part 2, has had no effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to impose no penalty. This amends RRS 64.2 and D3.1.
- 4.7 A boat may not protest another boat under SI Addendum L. This amends RRS D1.2(a)
- 4.8 Add sub-paragraph (h) to RRS D2.3 as follows:
(h) breaks a rule in SI Addendum L.

5. Risk Statement

- 5.1 Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 5.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges the risk statement as included in the Notice of Race

Index to SI Addenda

All Addenda will apply to every event except where the race committee decides it is more equitable for the Addenda not to apply; see SIs 1.3 and A6.1.

- A Event Related Rules
- B Event Format
- C Course
- H HLS League
- K When boats are supplied by the Organising Authority
- L Boat Handling Rules
- J Win-Points Scoring System

Addendum A: Event Related Rules

Section 1: Additional Rules

- A1.1 RRS D2 applies. Races will be umpired.
- A1.3 A boat capsized after her starting signal, so that both her gunwhales are touching the water or her mast is stuck in the bottom, shall retire promptly.
- A1.4 Provided the flag remains on the buoy there shall be no penalty when a boat touches any part of a flag which does not surround the staff of a mark. This amends RRS 44.1.
- A1.5 A personal flotation device that complies with SI 1.2 shall be worn at all times whilst afloat.
- A1.6 Wet or dry suits shall be worn at all times when afloat.
- A1.7 Spinnakers, trapezes and the gear specifically provided for the utilisation of these shall not be used.

Section 2: Other Rules for Boats

A2.1 CONTINUITY

Before starting and after finishing or retiring, boats shall sail to minimise any delay to the race schedule and without interfering with any race in progress.

A2.2 ELECTRONIC DEVICES AND COMMUNICATIONS

While racing,

- a) The use of electronic instruments is prohibited other than compass, watches and small video devices such as Go-Pros.
- b) Boats shall not transmit on any electronic communication device (including mobile phones) except in an emergency, or in response to a request from the race committee. See also RRS D1.1(g).
- c) There will be no coaching on the water.

A2.3 WHEN LEAVING OR RETURNING TO THE BERTH OR MOORING

Boats shall comply with local regulations, including speed restrictions and navigation marks, while leaving or returning to the berth or mooring.

A2.4 REQUIRED ACTIONS AT END OF DAY

At the end of each sailing day, the crew shall complete the following tasks:

- a) Sails shall be rolled, bagged and placed as directed.
- b) The boat shall be left in the same state of cleanliness as when first boarded that day.
- c) The crew shall comply with any directions posted on the boats or otherwise given to crew by the race committee.
- d) The boat shall be returned to the dock or other notified location and secured safely in accordance with any local instructions.

Section 3: Communications with Competitors

A3.1 NOTICES TO COMPETITORS

Notices to competitors will be posted on the official notice board located at <https://events.ksail.co.uk/EventDetailsView/13/> and should also be displayed in the window of the John Merricks building.

A3.2 CHANGES TO SAILING INSTRUCTIONS

Changes to these SIs will be signalled by flying flag L from the flagpole on the balcony of the clubhouse. Such changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race.

A3.3 SIGNALS MADE ASHORE

Signals made ashore will be displayed on the flagpole on the balcony of the clubhouse.

Section 4: Courses, Marks, Starting and Finishing Lines, Obstructions and Time Limits

A4.1 RACING AREA

The racing area will be on Rutland Water and as explained in the briefing.

A4.2 COURSE

The intended course for the Fireflies will be C1 as described in SI Addendum C.

The intended course for the Fevas will be C1 as described in SI Addendum C.

A4.3 MARKS

- a) The start mark will be a buoy with an orange flag.
- b) The finish mark will be a buoy with a blue flag.
- c) All other marks of the course will be buoys with black and red flags or as explained in the briefing.

A4.4 MOVING MARKS

The Race Committee may move marks of the course at any time. RRS 27.2 and RRS 33 will not apply.

A4.5 OBSTRUCTIONS

The following are designated obstructions; competitors shall give reasonable clearance, especially when vessels are moving or drifting.

- a) The 'Rutland Belle'.
- b) Anchored and drifting fishing boats.
- c) The moored areas in East and West Creek; boats should not sail through these moorings.

A4.6 STARTING LINE

The starting line will be between the forward mast of the committee vessel and a starting mark.

A4.7 FINISHING LINE

The finishing line will be between the forward mast of the committee vessel and a finishing mark.

A4.8 TIME LIMITS

The time limit for each race shall be 30 minutes.

Section 5: Starting Procedure

A5.1 STARTING SIGNALS

Races will be started by using the signals and timings shown in the following table. Times shall be taken from the start of each sound signal; the failure of a visual signal shall be disregarded. This amends RRS 26.

Signal	Time before the starting signal	Sound	Visual Signal
Warning	3 minutes	3 long	3 Battens
Preparatory	2 minutes	2 long	2 Battens
	1 minute	1 long	1 Batten
	30 seconds	1 short	
	20 seconds	1 short	
	10 seconds	1 short	
	5 seconds	1 short	
	4 seconds	1 short	
	3 seconds	1 short	
	2 seconds	1 short	
	1 seconds	1 short	
Start	0 seconds	1 long	Batten down

When the starting signal is also the warning signal for the next race, three battens or cylinders will be displayed. Attention may be drawn to an imminent warning signal by a series of short sound signals.

A5.2 RECALL SIGNALS

When a boat is subject to RRS 29.1, flag X need not be displayed for more than 1 minute after the starting signal; this amends RRS 29.1. The race committee may hail the sail numbers or the total number of premature starters.

A5.3 TIME LIMIT FOR STARTING

A boat that fails to start within 2 minutes of her starting signal shall be scored RET (retired) without a hearing. This amends RRS 63.1.

A5.4 GENERAL RECALL

After a general recall, succeeding races may be delayed for the recalled race.

Section 6: Addenda and Local Rules

A6.1 RULES IN SI ADDENDA

The rules in the following SI addenda apply throughout the event:

- a) Addendum K - When boats are supplied by the Organising Authority.
- b) Addendum L - Boat Handling

Addendum B: Event Format

B1. Stage 1 – HLS League

- B1.1 Addendum H will apply for both Fireflies and Fevas.
- B1.2 Teams may race any other team once in Stage 1. The Race committee intends to continue with Stage 1. The Race Committee may then progress with Stage 2. However, attention is drawn to SI 3.

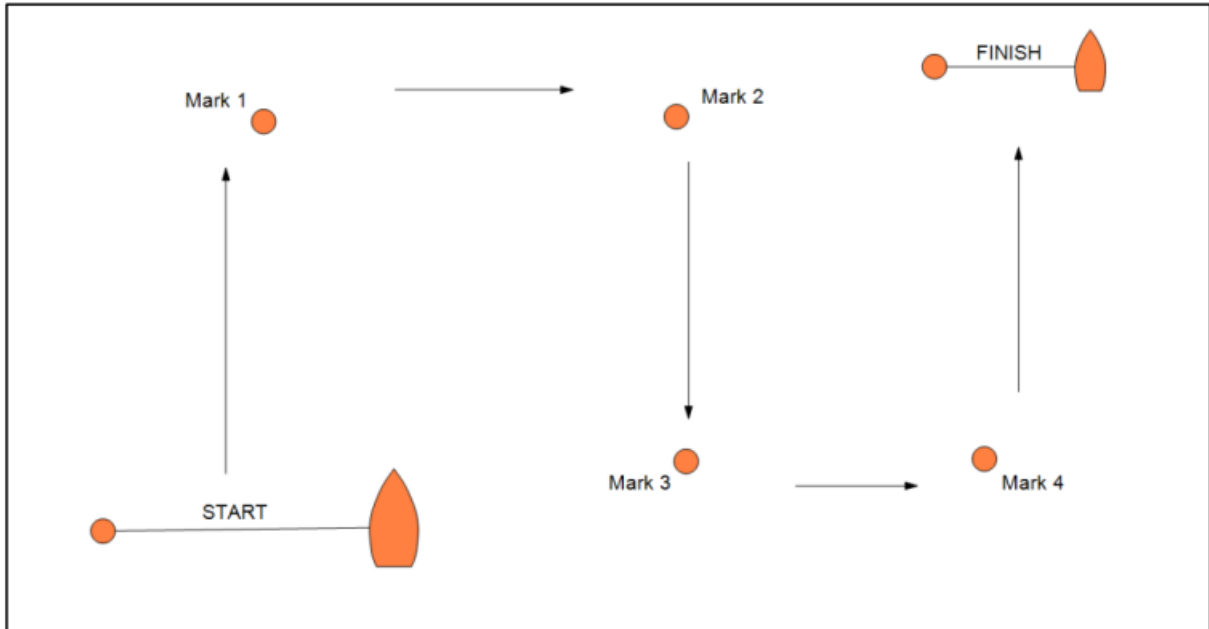
B2. Stage 2 - Finals

- B2.1 This applies to both Fireflies and Fevas.
- B2.2 Firefly Finals: 1st v 2nd, for the petit final 3rd v 4th from the HLS League.
- B2.3 Feva Finals: 1st v 2nd from the HLS League
- B2.4 First to score 2 race wins. This may be changed by the Race Committee if there isn't enough time. The Final Race signal wont be any later than 1700.

Addendum C: Course

C1 'S' COURSE

This is the standard team racing course for multi-team dinghy events. In most conditions it enables rolling starts at 3 minute intervals.



Start, round marks 1 then 2 to starboard, round marks 3 then 4 to port, Finish.

C2 COURSES

This course will be used by the Fireflies and the Fevas on a mixed rolling basis as set out in the briefing and the race schedule.

Addendum H: HLS League

- H1 Teams for each race will be selected randomly. A team will not sail any other team more than once in a stage. Rules for this stage
- H2 If the full round robin has been completed, teams will be ranked on the basis of RRS D4.3 (a) and ties broken using RRS D4.4. RRS D4.3 (b) does not apply.
- H3 If the full round robin has not been completed, teams will be ranked in order of their percentages of races won. Any ties shall be broken in accordance with the following rules and RRS D4.4 is changed accordingly. Ties shall be broken in the following order in favour of:
- a) If all tied teams have met, the number of races won when the tied teams met.
 - b) If all tied teams have met, the points scored when the tied teams met.
 - c) The sum of points scored in all races divided by the number of races sailed.
 - d) For each tied team, the sum of the percentages of races won by the teams they beat, calculated as H3 above, divided by the number of races they won.
 - e) For each tied team, the sum of the average points per race for the teams they beat, divided by the number of races they won.
 - f) A sail-off if possible, otherwise a game of chance.
- H4 In H3(b), H3(c) and H3(e) the team with the lowest number shall be ranked first; in all other cases the team with the highest number shall be ranked first.
- H5 If a tie is partially resolved by one of the above, then the remaining ties shall be broken by starting again at H3(a).
- H6 For the purposes of H3(c), if a team is penalised a race win, or part thereof, the penalty is changed to include 6 points added to the team's overall score (or 6 points pro-rated e.g., half a race win is 3 points).
- H7 If in the opinion of the race committee a stage has not progressed far enough for a true result to be called, the race committee reserve the right for an Event Result not to be awarded. In this scenario it may be possible to award spot prizes.

Addendum K: When boats are supplied by the Organising Authority

- K1 Equalisation and Allocation
- a) The Organising Authority and race committee will take all reasonable steps to equalise the boats.
 - b) The race committee will allocate the boats to be used in each race.
 - c) Neither the allocation of boats, nor any variation between the boats and their equipment, shall be grounds for redress. This amends RRS 62.1.
- K2 Supplied boats shall be deemed to conform to their class rules.
- K3 When class rules change RRS 42, such changes shall not apply.
- K4 Responsibility of a Boat
- a) A boat shall remain the responsibility of the team until handed over to the race committee or the next team to use that boat. Boats shall be handed over as empty of water as practical and in racing trim.
 - b) Competitors are responsible for inspecting their boats before racing.
 - c) Competitors shall report any defects, damage or breakdown to the race committee at the first reasonable opportunity.
 - d) When to continue racing after damage a breakdown risks further damage to the boat, she shall retire immediately.

ADDENDUM L: Boat Handling Rules

L1 APPLICATION

- a) The rules in this Addendum apply only to boats supplied by the Organising Authority.

L2 ACTIONS PROHIBITED AT ALL TIMES

The following actions are prohibited at all times, unless permitted by SI L3:

- a) Adjusting or altering the tension of standing rigging, excluding the backstay when fitted.
- b) Using the shrouds (including any inner shrouds) above the turnbuckle or other device to adjust the stay, to facilitate tacking, gybing or steering.
- c) Using a winch to adjust the mainsheet, backstay or vang.
- d) Using a reef line as an outhaul.
- e) Omitting any headsail car or turning block before sheeting onto a winch.
- f) Adding to, omitting or altering the equipment supplied. In particular, cutting or shortening of any sheets, control lines or other running rigging.
- g) The removal or replacement of any equipment without the consent of the race committee.
- h) Sailing the boat in a manner that it is reasonable to predict would cause damage.
- i) Moving equipment from its normal stowage position except when being used.
- j) Boarding a boat without the consent of the race committee.
- k) Taking a boat from its berth or mooring without the consent of the race committee, or while flag AP is displayed ashore.
- l) Marking directly on the hull or deck with permanent ink.
- m) Perforating sails, even to attach tell tales.
- n) The use of any equipment for a purpose other than that intended.

L3 PERMITTED ACTIONS

Notwithstanding SI L2, the tools and equipment in SI L3.1 may be taken on board and the actions in SI L3.2 are permitted.

L3.1 The following tools or equipment may be taken on board:

- a) Safety knives, each with retractable blade or sheath.
- b) Basic hand tools
- c) Electrical tape
- d) Rope (elastic or otherwise) of 4mm diameter or less.
- e) Marking pens
- f) Tell tale material
- g) Watches and timers
- h) Shackles and clevis pins
- i) Velcro tape

L3.2 The following are permitted tasks:

- a) Any action considered necessary for the safety of the crew.
- b) Changing the number of purchase for the mainsheet.
- c) Lazy sheets and control lines may be used to aid hiking; this changes RRS 49.1.
- d) Prevent fouling of lines, sails and sheets.

- e) Attach tell tales
- f) Prevent sails being damaged or falling overboard.
- g) Make minor repairs and permitted adjustments.

Addendum J – Win-Points Scoring System

- J1 Teams may race any other team one or more times in this Stage.
- J2 If all teams have raced all other teams the same number of times when the stage is terminated, teams will be ranked on the basis of the first sentence of RRS D4.3(a) and ties will be broken using D4.4(a).
- J3 RRS D4.3(b) is deleted.
- J4 If, when the stage is terminated, all teams have raced all other teams at least once but not all teams have raced all other teams the same number of times, the following rules shall apply:
- (a) One win-point shall be available for all the races sailed between any two teams, as follows:

Number of races completed between any two teams	Points for each win
1	One win-point
2	Half win-point
3	A third of a win-point (etc.)

- (a) Teams will be ranked on the basis of the first sentence of RRS D4.3(a) and ties will be broken using D4.4(a) 'race wins' replaced by 'win-points'. The word 'points' retains its original meaning distinct from 'win-points'.
- (b) If a team is penalised a race win, this is converted to win-points as follows:

Minimum number of races completed between any two teams	Points for each win
1	One win-point
2	Half win-point
3	A third of a win-point (etc.)

for other penalties this is apportioned pro-rata e.g. half a race win is half that given above

- (c) When a race is abandoned; win-points will be apportioned pro-rata according to the table in SI J1.2(b)
- J2 If, when the stage is terminated, not all teams have sailed all other teams at least once, teams shall be ranked on the basis of UKTRA Standard SI Addendum H (HLS).