

Inclusive Games Keelboat

Weymouth and Portland National Sailing Academy

Friday 17th to Sunday 19th July 2026

Sailing Instructions (SIs)

The Organising Authority is the Weymouth and Portland National Sailing Academy (WPNSA) supported by RYA Sailability & Chesil Sailability.

1. RULES

- 1.1. The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2. Races will be umpired; rule changes can be found in RRS Appendix UF.
- 1.3. The Organising Authority implements the Royal Yachting Association (RYA) Racing Charter. Competitors shall undertake to sail in accordance with the Charter.
- 1.4. The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.
- 1.5. RRS Appendix T (Arbitration) will apply.
- 1.6. [DP] RRS 40.1 applies at all times while afloat.
- 1.7. RRS 63.5(c) is changed so that in the event of a conflict between the Notice of Race and Sailing Instructions, the Sailing Instructions shall prevail.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Any change to the sailing instructions will be posted before 09:00 on the day it will take effect, except that any change to the schedule of races will be posted by 19:00 on the day before it will take effect.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to competitors will be posted on the Online [Official Notice Board](#).
- 3.2. Race Forms are available on the online Official Notice Board. However, any competitor requiring assistance in completing a form should advise the tally person who will arrange for someone to come assist.
- 3.3. [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

- 4.1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
- 4.2. [DP] Competitors and support persons shall place advertising provided by the Organising Authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

5. SCHEDULE

- 5.1. The Elliotts will be available for Team practice in the afternoon on Friday 17th July 2026 from 11:30.
- 5.2. Registration will be from 15:00 to 17:00 on Friday 17th July 2026 in Room 6.
- 5.3. There will be a competitor briefing in the Event Hall at 09:00 on Saturday 17th July 2026.
- 5.4. The first warning signal will not be before 10:55 on Saturday 17th July 2026.
- 5.5. On the last scheduled day of racing, it is anticipated no warning signal will be made after 13:00.

6. CLASS FLAGS

- 6.1. The class flag is code flag K.

7. RACING AREA

- 7.1. The racing area is in Portland Harbour.

8. COURSES

- 8.1. The diagrams in SI Appendix A show the course, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. The course and number of laps to be sailed will be displayed on the committee boat.
- 8.3. No later than the warning signal, the race committee signal vessel may display the approximate compass bearing of the first leg.

9. MARKS

- 9.1. Marks 1, 4a and 4p will be 1.6m black dumpy buoys.
- 9.2. The Starting/Finishing Mark will be an orange dan buoy.

10. OBSTRUCTIONS [DP]

- 10.1. Boats shall keep more than 100 metres away from vessels over 100m in length, vessels at anchor or vessels displaying Flag A (indicating divers in the water). These areas are obstructions as defined in the rules.
- 10.2. The attention of all competitors, race management personnel and spectators afloat are drawn to the fact that Portland Harbour is a working port and that harbour regulations must be observed. Any directions given by Portland Harbour Authority either in person or by VHF (Ch 74) must be complied with without delay. Failure to comply with this instruction may result in a penalty.
- 10.3. Boats will not transit at any time through the RNSA moorings, which are to the left of the Marina exit as leaving the Marina.

11. THE START

- 11.1. Races will be started using RRS 26 with the warning signal made three minutes before the starting signal.
- 11.2. The starting line is between a staff displaying an orange flag on the signal vessel and the starting mark.
- 11.3. Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 11.4. A boat that does not start within four minutes after the starting signal may be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1. To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.
- 12.2. Minor mark moves (up to approximately 100m) may be made without signalling the change. This changes RRS 33.

13. THE FINISH

- 13.1. The finishing line is between a staff displaying a blue flag on the committee vessel and the finishing mark.

14. PENALTY SYSTEM

- 14.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

15. TIME LIMITS AND TARGET TIMES

- 15.1. The Mark 1 Time Limit, Race Time Limit (see RRS 35), Target Time, and the Finishing Window are shown in the table below.

15.2.

Mark 1 Time Limit	Race Time Limit	Target Time	Finishing Window
<i>10 minutes</i>	<i>30 minutes</i>	<i>20 minutes</i>	<i>10 minutes</i>

- 15.3. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 15.4. The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalised, given redress or finished using flag W, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

16. HEARING REQUESTS

- 16.1. RRS Rule 60.2(a)(1) requires a hail of 'PROTEST' by any boat intending to make a protest. This will only be waived if no crew member of the protesting boat is physically able to make such a hail.
- 16.2. Those with right of way need to take into consideration possible delayed reaction times and possible limited manoeuvrability of other sailors. Protest Committees will take this into consideration when hearing a protest involving right of way rules.
- 16.3. The protest time limit is 90 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later. The time will be posted on the official notice board.
- 16.4. Hearing request forms are available on the online Official Notice Board.
- 16.5. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where they will be held, which may be online.
- 16.6. The helmsman of a competing boat which is the subject of a protest and who, on coming ashore and taking advice, decides that he or she has indeed infringed a rule of RRS Part 2, may agree to take a points penalty equivalent to two places in the relevant race. Agreement to take this two point penalty must be done within the time limit set in these Sailing Instructions for the lodging of a formal Protest. In event of two or more infringements by the same boat, a penalty of two points must be taken for each infringement. This will not affect the points awarded to other competitors in the race. In event of such an incident being the subject of a protest or protests, all parties to the protest(s) must agree to the taking of this alternative points penalty. If there is no such agreement, the protest(s) shall be heard.

17. SCORING

- 17.1. Two races are required to be completed to constitute a series.
- 17.2. A boat's series score will be calculated as follows:
- 17.2.1. When fewer than four races have been completed, a boat's series score will be the total of her race scores.
- 17.2.2. When from four or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 17.3. Competitors may request a review of a boat's score by completing the online form on the Official Notice Board.

18. SAFETY REGULATIONS [DP]

- 18.1. RRS 40.1 applies at all times while afloat.
- 18.2. A safety tally system will be in operation. Tally numbers will be advised at Registration. Tallies shall be worn on the wrist of competitors who are able to, if not they should be securely affixed so it is easily visible on the sailor.
 - 18.2.1. The tally control point will be on the crane pier.
 - 18.2.2. Competitors shall individually tally-out before racing by personally going to the tally control point and collecting their tally.
 - 18.2.3. Competitors shall individually tally-in immediately on returning to shore by personally going to the tally control point and returning their tally to the board. This must be done no later than 15 minutes after the last boat has come ashore.
- 18.3. The penalty for failing to tally-out or tally-in as instructed above will be a standard penalty without a hearing. The standard penalty will be three points, non-excludable, added to the boat's series score for the first offence, and five points for subsequent infringements. This changes RRS 63.1 and A5.
- 18.4. Boats wishing to sail ashore before the end of the day's racing shall not do so unless authorised by an official boat. The Official Boat will instruct boats in the procedure for returning ashore.
- 18.5. A boat that retires from a race shall notify the race committee as soon as possible. A declaration form is available on the online Official Notice Board, which shall be completed by competitors when ashore.

19. OUTSIDE HELP

- 19.1. RRS Rule 41 is modified to permit any boat to receive help from a Support Boat for any reason other than for additional propulsion. To request help, arms should be raised and lowered, or repeated blasts made on a whistle, or an approved handheld flag should be waved until acknowledged by a Support Boat. Any boat being aground, or on a lee shore, and then pulled off by a Support Boat shall not be penalised ON CONDITION that no advantage is given to the competitor in making progress towards the next mark of the course.

20. REPLACEMENT OF CREW OR EQUIPMENT [DP]

- 20.1. Substitution of competitors is not allowed without prior written approval of the race committee. Competitors shall request a substitution of crew online on the Official Notice Board.
- 20.2. Substitution of damaged or lost equipment is not allowed unless authorised in writing by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race. Competitors shall request a substitution of equipment online on the Official Notice Board.

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

22. SUPPORT PERSON VESSELS [DP]

- 22.1. RRS 37 will be used. Except when responding to the signal in RRS 37, support boats, coaches and other support persons shall stay at least 100 metres outside areas where boats are racing from the time of the preparatory signal for the first class to start on that course until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.
- 22.2. During the event, support boats shall not tow boats participating in the event unless the race committee has signalled that towing is allowed.
- 22.3. In order to prevent fuel spillage, refuelling of boats/tanks is not permitted on the pontoons at WPNSA. Boats may refuel at the Portland Marina fuel pontoon or removable tanks may be taken offsite to be refuelled at a service station.
- 22.4. Kill cords shall be worn at all times whilst engines are running. The Course Safety Leader will be looking out for compliance on this issue, there are no excuses and boats will be requested to leave the race area immediately if kill cords are not being used appropriately.

23. TRASH DISPOSAL

- 23.1. [DP] Rubbish is not to be thrown in the sea. Rubbish may be placed aboard support person or official vessels.

24. BERTHING

- 24.1. [DP] Boats shall be kept in their assigned spaces whilst in the boat park.

25. PRIZES

- 25.1. See NoR 18.

26. RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any competitors briefing held for the event.

27. INSURANCE

- 27.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or the equivalent.

APPENDIX A – COURSE DIAGRAMS

Mark Rounding Order
Start – 1 – 4s/4p – 1 – Finish

