UEA Sailing Club

UEA Unicorn

21/11/2026 – 22/11/2026

Hosted at Norfolk Broads Yacht Club

Sailing Instructions

1. Rules

1.1 Racing will be governed by the rules as defined in the Racing Rules of Sailing (RRS) including Appendix D, Team Racing Rules.

1.2 When required by RRS 40, each competitor shall wear a personal flotation device (PFD) that complies with ISO 12402-5 -Level 50 or equivalent, unless a higher specification is specified in the notice of race.

1.3 Wet or dry suits are advised to be worn afloat

1.4 Addenda A, B and C to these sailing instructions (SI's) always apply. Other addenda apply only when so stated. The letters D and I are not used to identify addenda.

1.5 If a conflict between the Sailing Instructions and the Notice of Race arises, the Sailing Instructions will take precedent.

2. Eligibility and Registration

2.1 To become eligible a team shall register as required by the notice of race or, if not specified, on arrival at the event.

2.2 After registration, no team member may be changed without the prior written consent of the race committee which will be given only in exceptional circumstances.

3. Event Format and Schedule of Races

3.1 The intended format of the event is described in SI Addendum C. The format may be modified during the event in a fair and practical way as solely determined by the race committee considering the entries, weather conditions, time constraints and any other relevant factors. The format choice to be sailed will be determined by the race committee before racing on a given day.

3.2 The race committee shall consist of a published list. This will be displayed on the official notice board.

3.3 The initial schedule of races will be displayed on the official notice board. Any changes thereto and schedules for subsequent races will be displayed not less than 10 minutes before the start of those races.

3.4 Every race will be assigned a race number in the race schedule.

3.5 The race committee may at any time postpone a race and reschedule to a later time.

3.6 When a completed race has been abandoned and the result would not affect which teams qualify for a further stage, the race committee may cancel the race.

4. Protests, Requests for Redress and Penalties

4.1 Protests and requests for redress that have not been decided afloat shall be notified to the race office within 10 minutes after the relevant incident or, if the incident is afloat, within 10 minutes after coming ashore.

4.2 When the outcome of a protest or request for redress would not affect which teams qualify to a later stage, the protest committee may refuse to hear it. This amends RRS 63.1.

4.3 When RRS D2 applies and the race umpires together with one other umpire (when available) decide that a boat has broken RRS 14 and there is damage or injury, they may penalize her team by half a race win without a hearing. The boat will be informed as soon as practical and may request a hearing. Any penalty after a hearing will be in accordance with RRS D3.1(e). This amends RRS 63.1.

4.4 When a boat is scored NSC (did not sail the course), 6 points shall be added to her score. This amends RRS A5.2.

4.5 When the race committee decides that a competitor has broken SI 1.2 OR SI 1.3 it shall penalise the competitor's team one race win without a hearing. This amends RRS A5.2.

4.6 When the protest committee decides that a breach of a rule, other than a rule of RRS Part2, has had no effect on the outcome of a race, it may make any arrangement it decides is equitable, which may be to impose no penalty. This amends RRS 64.2 and D3.1.

4.7 A boat may not protest another boat under SI Addendum L. This amends RRS D1.2(a).

5. Risk Statement

5.1 Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat’s decision to participate in a race or to continue racing is hers alone."

5.2 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges the risk statement as included in the Notice of Race.

6. Damage Deposit

6.1 A damage deposit of £300 will be made available by each team before the briefing.

6.2 In the event of collision or damage. The Umpires will assign responsibility for any damage to the boats or other property. Arrangements to pay for damage needs to be done before resuming racing by the offending parties with the race committee.

6.3 Failure to pay for damage or provide means to pay for the damage deposit shall be grounds for disqualification from the event and subsequent events run by UEA Sailing Club.

7. Code of Conduct

7.1 Competitors shall comply with any reasonable request from any official, including attendance at official functions, co-operation with event sponsors and shall not behave to bring the event into disrepute.

7.2 Competitors shall oversee the boats and equipment with proper care and seamanship. Failure to do so may lead to expulsion from the event and subsequent events run by UEA Sailing Club.

7.3 Participants are expected at the event to conduct themselves reputably both on and off the water. Any hailing on the racecourse shall be done in a reasonable manner and compliant with the Racing Rules of Sailing. Any miscalling such as hailing 'Protest' without a red flag to intimidate a competitor or calling for 'Room' when clearly not entitled to it or calling in a threatening manner will be considered by the umpires as a breach of Sportsmanship and will result in an immediate two turns penalty per RRS D2.3g. Persistent breaches may result in further action by a Protest Committee up to disqualification from the event and subsequent events run by UEA Sailing Club.

Index to SI Addenda

A. Event Related Rules

B. Event Format

C. Courses

D. Round-Robins

Addendum A – Event Related Rules

Event Programme

Saturday 22nd : standard Swiss format will be sailed all day

Sunday 23rd: Standard Swiss league will be completed if time allows, before semi-finals and finals are raced.

A1 Additional Rules

A1.1	RRS D2 applies. Races will be umpired.	Yes
A1.2	RSS D1.1(d) applies. Arm signals are required.	No
A1.3	A boat capsized after her starting signal, so that the top of her mast has touched the water, shall retire promptly.	Yes
A1.4	Provided the flag remains on the buoy there shall be no penalty when a boat touches any part of a flag which does not surround the staff of a mark. This amends RRS 44.1.	Yes
A1.5	A personal floatation device that complies with SI 1.2 shall be worn at all times while afloat.	Yes
A1.6	Wet or dry suits are recommended be worn while afloat.	Yes
A1.7	Spinnakers, trapezes and anything other than the gear provided shall not be used.	Yes

A2 Other Rules for Boats

A2.1 CONTINUITY

Before starting and after finishing or retiring, boats shall sail to the starting area as quickly as possible to minimise any delay to the race schedule and without interfering with any race in progress.

A2.2 BREAKAGES

a) In the case of breakdown that is through no fault of either the teams about to race and signalled before the one-minute signal of the race, the race committee may decide to sail a race with only 2 boats per team. The race committee's decision will be communicated to teams either verbally ashore or by the race umpires.

b) When the race committee decides to run a 2-boat per team race, D.3.1(d) is modified to read "The team with the lower total points wins the race. If the totals are equal, the team that did not have the last-place boat wins."

c) When the race committee decides to run a 2-boat per team race and when D4.2 (b) or (d) apply, the boats that did not race will be considered to have scored points equal to 5th place.

A2.3 ELECTRONIC DEVICES AND COMMUNICATIONS WHILE RACING

a) The use of electronic instruments is prohibited other than compass, watches, and small video devices such as Go-Pros. All media produced at the event may be requested by the OA for promotional purposes.

b) boats shall not transmit on any electronic communication device (including mobile phones) whilst sailing except in an emergency, or in response to a request from the race committee. See also RRS D1.1(g).

A2.4 WHEN LEAVING OR RETURNING TO THE SLIPWAY OR PONTOON OR SHORE

Boats shall comply with local regulations, including speed restrictions and navigation marks, while leaving or returning to the slipway or pontoon.

A2.5 REQUIRED ACTIONS AT END OF THE DAY

At the end of the sailing day, the crew shall complete the following tasks:

a) Sails shall be rolled, bagged, and placed, as directed.

b) The boat shall be left in the same state of cleanliness as when first boarded that day.

c) The crew shall comply with any directions posted on the boats or otherwise given to the crew by the race committee.

d) The boat shall be returned to the deck or other notified location and secure it safely in accordance with any local instructions.

A3 Communications with Competitors

A3.1 NOTICES TO COMPETITORS

Notice board will be at Norfolk Broads Yacht Club and will be clearly displayed to all competitors. All major information will be emailed to the listed contact for each team.

A3.2 CHANGES TO SAILING INSTRUCTIONS

Such changes will be posted on the official notice board not less than 10 minutes before the warning signal of the first affected race. Oral instructions may be given on the water by the Race Committee and/or the umpires prior to the warning signal. Any changes to the starting time of the first race of the day will be posted by 19:00 on the day before it will take effect.

A3.3 SIGNALS MADE ASHORE

Signals made ashore will be displayed on the Club / Centre flagpole.

A4 Courses, Marks, Starting & Finishing Lines, Obstructions and Time Limits

A4.1 RACING AREA

The racing area will be outlined during the pre-race briefing and will be close to the pontoons at the front of the club house

A4.2 COURSE

The course will be course D1 as described in SI Addendum D.

A4.3 MARKS

The marks on the course will be shown at the umpire briefing. The race committee may move marks of the course at any time provided the mark isn't the next mark on the course for any racing boats. RRS 27.2 and RRS33 will not apply. The colour of flags may not be used for grounds for redress.

A4.4 OBSTRUCTIONS

Obstructions will be marked by buoys, and local obstructions will be outlined at the umpire briefing.

A4.5 STARTING LINE

The starting line will be between the committee vessel and the nearby white flagged starting mark. An inner limit mark may be laid adjacent to the start boat. No boat shall pass between this mark and the start boat.

A4.6 FINISHING LINE

The finishing line will be between of the committee vessel and the nearby white flagged finishing mark. An inner limit mark may be laid adjacent to the finish boat. No boat shall pass between this mark and the finish boat.

A4.7 TIME LIMITS

The time limit for each race shall be 20 minutes.

A5 Starting Procedure

A5.1 STARTING SIGNALS

Races will be started by using the signals and timing selected in the following table. Times shall be taken from the start of each sound signal; the failure of a visual signal shall be disregarded. This amends RRS 26.

Signal	Time before starting signal	Sound	Visual Signals
Warning	3 mins	Three Long	3 Battens
Preparatory	2 mins	Two Long	2 battens
One-Minute	1 min	One Long	1 Batten
Starting	0	One long	

Attention may be drawn to an imminent warning signal by a series of short sound signals.

A5.2 RECALL SIGNALS

When a boat is subject to RRS 29.1, flag X need not be displayed for more than 2 minutes after the starting signal; this amends RRS 29.1. The race committee may hail the bow numbers or the total number of premature starters at its sole discretion.

A5.3 TIME LIMIT FOR STARTING

A boat that fails to start within 2 minutes of her starting signal shall be scored RET (retired) without a hearing. This amends RRS 63.1 and D3.1(a).

A5.4 GENERAL RECALL

After a general recall, succeeding races may be delayed for the recalled race.

Addendum B – Registration and Schedule of races

B1 Registration

Registration will open at 19:30 on Friday 20th November at The Garden House pub, 1 Pembroke Road, Norwich, NR2 3HD and will close at 21:30. It will reopen Saturday 21st November at NBYC.

B2 schedule of race:

Date	Event	Time
20th November	Registration opens	19:30
20th November	Registration closes	21:30
21st November	Registration at NBYC	08:00
21st November	Competitors Briefing	08:30
21st November	First warning signal	9:00
22nd November	First warning signal	9:00

22nd November	Prize giving	Soon as racing ends

Addendum C - Event Format

C1 Event Format

The format for each stage of the event shall be selected from the following standard formats. The specified addendum for each format contains the necessary race schedules, or procedures to create the schedules, together with rules which shall apply for scoring and breaking ties.

Each stage of an event may use a different format. The race committee may change the format as provided in Rule 3.1.

For each stage, any assignment of teams to groups or matches and the method of qualification for the next stage shall be stated. For a round-robin stage, the number of round-robins in the stage, any carry-forward and weighting applied of scores from an earlier stage and any change to the percentage in RRS D4.3(b) shall be stated.

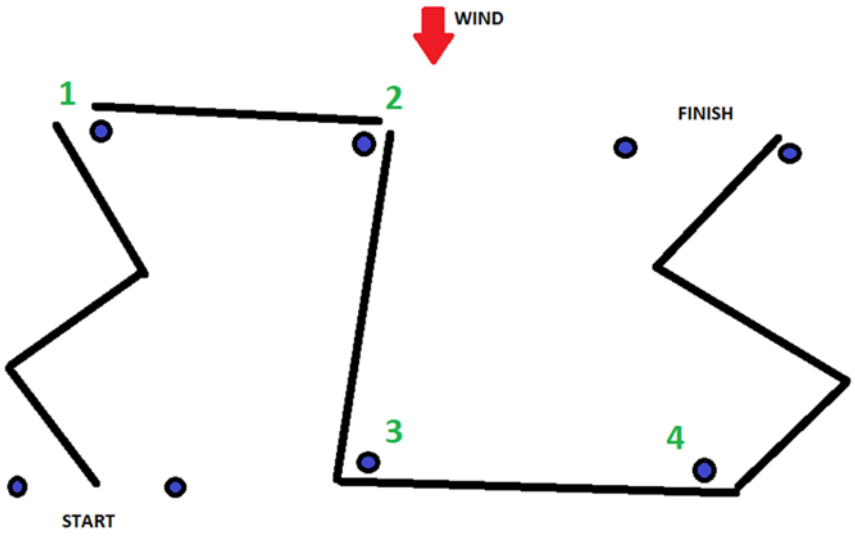
The intended format is:

Stage	Description	Format Rules
1	Standard swiss	Standard swiss will be according to the Flight Sheets that will be issued on 20/11/2026.
2	KO – Semi-Finals	Semi-Final 1 1st Standard swiss vs. 4th Standard swiss Semi-Final 2 2nd Standard swiss vs. 3rd Standard swiss *The winners will be the first team to score 2 race wins.*
3	KO - Finals	Final Winner Semi-Final 1 vs. Winner Semi-Final 2 *The winners will be the fist team to score 3 race wins.*

Addendum D – Courses

D1 ‘S’ Course / Digital N

This is the standard team racing course for multi-team dinghy events.



Start, round marks 1 then 2 to starboard, round marks 3 then 4 to port, Finish.

Addendum E – Standard Swiss league in Groups

E1 Standard swiss in Groups

E1.1 The stage shall be scored in accordance with RRS D4.3 and D4.4.